

Copopa/CMS Menu

August/September, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
29 No School	30 No School	31 Choice-1 Meatball Sub Sandwich Choice-2 Turkey Sub Sandwich Steamed Carrots, Peas, Banana, Strawberries	1 Choice-1 Hot Dogs On A Bun Choice-2 Chicken Tenders Seasoned Potato, BBQ Beans, Mixed Fruit, Blueberries	2 Choice-1 Stuff Crust Cheese Pizza Choice-2 Chicken Tortilla Fresh Garden Salad, Corn, Diced Peas, Orange
5 No School Labor Day	6 Choice-1 Breaded Cheese Sticks Choice-2 Chicken/Parmesan w/roll Green Beans, Baby Carrots & Dip, Mixed Fruit, Diced Peaches	7 Choice-1 Walking Tacos Choice-2 Chicken Nuggets Garden Salad, Refried Beans, Lettuce & Tomato, Diced Peas, Applesauce	8 Choice-1 Chicken Sandwich Choice-2 Beef Dippers French Fries, Broccoli & Cheese, Orange, Strawberries	9 Choice-1 Stuff Crust Pepp Pizza Choice-2 Fish Sticks Sweet Corn, Veggie Combo, Apple, Blueberries
12 Choice-1 Beef Dippers Choice-2 Bosco Stick Mash Potato, White Beans, Diced Peaches, Diced Peas	13 Choice-1 Chicken Tenders Choice-2 BBQ pork Sandwich Swt Potato, Fries, Green Beans, Sliced apples, Oranges	14 Choice-1 Fish Sandwich Choice-2 Cheeseburger Sandwich French Fries, Great Northern Beans, Banana, Strawberries	15 Choice-1 Popcorn Chicken W/Roll Choice-2 Hot Dogs on Bun Cheesy Broccoli, Fresh Garden Salad, Mixed Fruit, Blueberries	16 Choice-1 Stuff Crust Pizza Choice-2 Twisted Lasagna Sweet Corn, Steamed Carrots, Applesauce, Grapes
19 Choice-1 Popcorn Chicken W/Roll Choice-2 Fish Sticks, Mash Potato, Green Beans, Applesauce, Peaches	20 Choice-1 Macaroni & Cheese Choice-2 Salisbury Steak W/Roll Sweet Potato Fries, Parmesan Broccoli, Grapes, Apples	21 Choice-1 Meatball Sub Sandwich Choice-2 Turkey Sub Sandwich Steamed Carrots, Peas, Banana, Strawberries	22 Choice-1 Hot Dogs On A Bun Choice-2 Chicken Tenders Seasoned Potato Wedges, BBQ Beans, Mixed Fruit, Blueberries	23 NO School
26 Choice-1 Cheese Sandwich Choice-2 Corn Dog swt Potato Fries, Green Peas, Apple, Raisins	27 Choice-1 Breaded Cheese Sticks Choice-2 Chicken/Parmesan w/roll Green Beans, Baby Carrots & Dip, Mixed Fruit, Diced Peaches	28 Choice-1 Walking Tacos Choice-2 Chicken Nuggets Garden Salad, Refried Beans, Lettuce & Tomato, Diced Peas, Applesauce	29 Choice-1 Chicken Sandwich Choice-2 Beef Dippers French Fries, Broccoli & Cheese, Orange, Strawberries	30 Choice-1 Stuff Crust Pepp Pizza Choice-2 Fish Sticks Sweet Corn, Veggie Combo, Apple, Blueberries

Breakfast served with choice of fruit or fruit juice and choice of milk.

Milk choices - 1% white, fat-free chocolate, fat-free strawberry.

NOTE:

Menu Items Subject to change Because of Food & supply Shortages



Meal Pricing:

Breakfast \$2.00

Lunch \$3.50

Milk only \$.55

Reduced-Price Breakfast \$.30

Reduced-Price Lunch \$.40

This institution is an equal opportunity provider