

# Copopa/CMS Menu

# October, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Choice-1</b> Beef Dippers <sup>3</sup>  <b>Choice-2</b> Bosco Stick  <b>Choice -3</b> Vegan Packaged Salad                      Mash Potato, Red Beans, Diced Peaches, Diced Pears</p>	<p><b>Choice-1</b> Chicken Tenders <sup>4</sup>  <b>Choice-2</b> BBQ pork Sandwich  <b>Choice -3</b> Vegan Package Salad                      Swt Potato, Fries, Green Beans, Sliced apples, Oranges</p>	<p><b>Choice-1</b> Fish Sandwich <sup>5</sup>  <b>Choice-2</b> Cheeseburger Sandwich  <b>Choice -3</b> Vegan Package Salad                      French Fries, Great Northern Beans, Banana, Strawberries</p>	<p><b>Choice-1</b> Popcorn Chicken W/Roll <sup>6</sup>  <b>Choice-2</b> Hot Dogs on Bun  <b>Choice -3</b> Vegan Package Salad                      Cheesy Broccoli, Fresh Garden Salad, Mixed Fruit, Blueberries</p>	<p><b>Choice-1</b> Stuff Crust Pizza <sup>7</sup>  <b>Choice-2</b> Twisted Lasagna  <b>Choice -3</b> Vegan Package Salad                      Sweet Corn, Steamed Carrots, Applesauce, Grapes</p>
<p><b>Choice-1</b> Popcorn Chicken W/Roll <sup>10</sup>  <b>Choice-2</b> Fish Sticks  <b>Choice -3</b> Vegan Package Salad                      Mash Potato, Green Beans, Applesauce, Peaches</p>	<p><b>Choice-1</b> Macaroni &amp; Cheese <sup>11</sup>  <b>Choice-2</b> Salisbury Steak W/Roll  <b>Choice -3</b> Vegan Package Salad                      Sweet Potato Fries, Parmesan Broccoli, Grapes, Apples</p>	<p><b>Choice-1</b> Meatball Sub Sandwich <sup>12</sup>  <b>Choice-2</b> Chicken Sandwich  <b>Choice -3</b> Vegan Package Salad                      Steamed Carrots, Peas, Banana, Strawberries</p>	<p><b>Choice-1</b> Hot Dogs On A Bun <sup>13</sup>  <b>Choice-2</b> Chicken Tenders  <b>Choice -3</b> Vegan Package Salad                      Potato Smiles, BBQ Beans, Mixed Fruit, Blueberries</p>	<p><b>No School</b> <sup>14</sup></p>
<p><b>Choice-1</b> Cheese Sandwich <sup>17</sup>  <b>Choice-2</b> Corn Dog  <b>Choice -3</b> Vegan Package Salad                      Swt Potato Fries, Green Peas, Apple, Raisins</p>	<p><b>Choice-1</b> Breaded Cheese Sticks <sup>18</sup>  <b>Choice-2</b> Chicken/Parmesan w/roll  <b>Choice -3</b> Vegan Package Salad                      Green Beans, Baby Carrots &amp; Dip, Mixed Fruit, Diced Peaches</p>	<p><b>Choice-1</b> Walking Tacos <sup>19</sup>  <b>Choice-2</b> Chicken Nuggets  <b>Choice -3</b> Vegan Packaged Salad                      Garden Salad, Refried Beans, Lettuce &amp; Tomato, Diced Pears, Applesauce</p>	<p><b>Choice-1</b> Chicken Sandwich <sup>20</sup>  <b>Choice-2</b> Beef Dippers  <b>Choice -3</b> Vegan Packaged Salad                      French Fries, Broccoli &amp; Cheese, Orange, Strawberries</p>	<p><b>Choice-1</b> Stuff Crust Pepp Pizza <sup>21</sup>  <b>Choice-2</b> Fish Sticks  <b>Choice -3</b> Vegan Package Salad                      Sweet Corn, Veggie Combo, Apple, Blueberries</p>
<p><b>Choice-1</b> Beef Dippers <sup>24</sup>  <b>Choice-2</b> Bosco Stick  <b>Choice -3</b> Vegan Packaged Salad                      Mash Potato, Red Beans, Diced Peaches, Diced Pears</p>	<p><b>Choice-1</b> Chicken Tenders <sup>25</sup>  <b>Choice-2</b> BBQ pork Sandwich  <b>Choice -3</b> Vegan Packaged Salad                      Swt Potato, Fries, Green Beans, Sliced apples, Oranges</p>	<p><b>Choice-1</b> Fish Sandwich <sup>26</sup>  <b>Choice-2</b> Cheeseburger Sandwich  <b>Choice -3</b> Vegan Packaged Salad                      French Fries, Great Northern Beans, Banana, Strawberries</p>	<p><b>Choice-1</b> Popcorn Chicken W/Roll <sup>27</sup>  <b>Choice-2</b> Hot Dogs on Bun  <b>Choice -3</b> Vegan Packaged Salad                      Cheesy Broccoli, Fresh Garden Salad, Mixed Fruit, Blueberries</p>	<p><b>Choice-1</b> Stuff Crust Pizza <sup>28</sup>  <b>Choice-2</b> Twisted Lasagna  <b>Choice -3</b> Vegan Packaged Salad                      Sweet Corn, Steamed Carrots, Applesauce, Grapes</p>
<p><b>Choice-1</b> Popcorn Chicken W/Roll <sup>31</sup>  <b>Choice-2</b> Fish Sticks, Mash Potato,  <b>Choice -3</b> Vegan Packaged Salad                      Green Beans, Applesauce, Peaches</p>				

Breakfast served with choice of fruit or fruit juice and choice of milk.

Milk choices - 1% white, fat-free chocolate, fat-free strawberry.

NOTE:

Menu Items Subject to change Because of Food & supply Shortages



Meal Pricing:

Breakfast \$2.00

Lunch \$3.50

Milk only \$.55

Reduced-Price Breakfast \$ .30

Reduced-Price Lunch \$.40

This institution is an equal opportunity provider